

## Newsletter JULY 2015

### BUNNINGS WAREHOUSE TRANSFORMS OUR GARDENS

The second of three stages of our outdoor play area and garden make-over is now complete and has been made possible at no cost thanks to the extremely generous support of Bunnings Warehouse and their staff.

Through their community support program, Bunnings have generously donated numerous plants, building materials and many hours of staff labour. An entire day was spent at Kalparrin on Tuesday 23rd June moving huge amounts of soil, digging holes for planting, removing weeds and building garden beds, planting and protecting the gardens with 10 cubic metres of mulch donated to the project by Banyule City Council (thank you Banyule!!)

**The Board and Staff would like to say THANK YOU to BUNNINGS WAREHOUSE for their incredible support and hard work on behalf of the families supported by Kalparrin.** Stage 3 will be the establishment of a large sensory garden and natural play areas for the children to complement the work done to date.

**A very special thank you goes to Yvonne Donegan a past Kalparrin parent and Board member for her incredible energy and dedication to this seeing this project to fruition.**



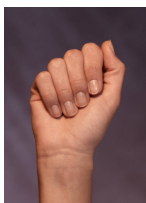
### Community News



#### MY CHILD CAN'T GET TO SLEEP?!

Researchers at RMIT University are looking for young children that have problems getting off to sleep aged between 3-6 years to take part in a new study, investigating whether an android App that plays soft sounds can reduce settling time. If interested, please contact Dr Russell Conduit on telephone 9925 6638, mobile 0438 255 520 or [Russell.Conduit@rmit.edu.au](mailto:Russell.Conduit@rmit.edu.au)

### Signing Workshop



#### KEY WORD SIGN

Do you know a child who needs lots of gestures & visual clues to help their communication?

Key Word Sign workshops teach you WHEN, HOW and WHY to use sign and gesture to communicate more successfully and to help children develop communication skills.

**WHAT** will you learn? You will learn and practice commonly used key word signs. You will also learn ways to use key word sign and gesture every day during communication.

**WHO** can attend? Parents/family of children who access Early Childhood Intervention Services (ECIS) in Hume, Moreland, Darebin, Yarra, Whittlesea, Nillumbik and Banyule areas; People working with children who access ECIS services in these local areas (e.g. staff working in inclusion support, kindergarten, and childcare).

**HOW MUCH** is it? These workshops are **FREE**.

**TO REGISTER:** call Jane Santos on 9488 9474 (Mon-Frid 9am to 3pm). You'll need to provide your name and telephone number to register.

#### ANYTHING ELSE I SHOULD KNOW?

The Key Word Sign presenters are Speech Pathologists from Specialist Children's Services (Department of Education & Training). You will get copies of the signs you learn during the workshop and information about Key Word Sign Australia products (such as line drawings books) will also be available.

#### BASIC WORKSHOP – for people who have never done a Key Word Sign

**Workshop before:** Thursday 20<sup>th</sup> August & Thursday 27<sup>th</sup> August 2015, from 9.30am to 12.30pm. You must attend both workshops.

#### REFRESHER WORKSHOP – for people who have completed a Key Word Sign

**workshop and want to refresh their signing skills:** Thursday 27<sup>th</sup> August 2015, 1:30pm – 3pm. **Certificates of attendance will be provided.**

**WHERE:** Department of Education and Training– North Western Victoria Region office, 189 Urquhart St Coburg 3058. Enter off Alva Grove, via Bell Street.

### Education & Training



### Language Through Play

Focusing on the association between language development and pretend play in the early years. Case studies of different types of difficulty with play and strategies for working with children with delayed play and language

**Tuesday 4th August**

**6.30pm - 8.30pm**

**Venue:** Kalparrin Early Intervention Services  
**Address:** 1 Kalparrin Av., Greensborough

Cost: Free to Kalparrin families (funded by Term Fees)  
Professionals & others \$50

Kalparrin ECIS  
(Early Childhood Intervention Service)  
1 Kalparrin Avenue, PO Box 93,  
Greensborough Vic 3088  
Phone +61 3 9435 8311 Email  
[info@kalparrin.com.au](mailto:info@kalparrin.com.au)  
[kalparrin.com.au](http://kalparrin.com.au)  
Kalparrin is a registered charity



Visit our website: [kalparrin.com.au](http://kalparrin.com.au)



### Fundraising

### MyTime

### MyTime



We are so incredibly grateful to everyone who attended the 2015 Kalparrin Trivia Night held last month at Rosanna Golf Club in Lower Plenty.

The atmosphere on that cold and foggy night was heartwarming, the good cheer and humour infectious, and the strength of community and sponsor support made evident through the numerous prizes and the huge attendance on the evening was humbling and deeply appreciated.

We are delighted to advise you that the Trivia Night raising over \$7,600 which will be allocated entirely to Kalparrin's unique and diverse family support programs for 2015/16.

Thank you to all the Kalparrin families, staff, Board of Management, sponsors, local businesses and community supporters who attended and supported the Trivia Night.

### DATES FOR TERM 3

#### TUESDAYS

21st July  
4th August  
18th August  
1st September

#### FRIDAYS

31st July  
14th August  
28th August  
11th September

**Kalparrin MyTime sessions  
are held each fortnight on  
Tuesdays and Fridays,  
9.30 - 11.30am.**

MyTime is a federally funded program aimed at creating time and space for parents and carers of children with additional needs to come together and support each other through the sharing of experiences and information.

Kalparrin is a registered My Time program provider and currently hosts two My Time groups predominantly comprised of mothers of children with additional needs.

Child care is provided as part of My Time to ensure those attending have some rare and precious time to themselves to socialise and connect with others.

#### **Who Can attend**

Any parent, grandparent, or other carer of a child with a disability or chronic medical condition who is up to the age of 16.

**Cost:** Free

**Childcare:** Free childcare available (booking required)

#### **When is My Time held**

Meetings are every fortnight (excluding school holidays). Current groups are Tuesday, 9.30-11.00am and Friday 9.30-11.00am.

#### **Where:** Kalparrin

1 Kalparrin Avenue,  
Greensborough (lots of free parking)

#### **How to join**

Call Angie our My Time Co-ordinator and KeyWorker on (03) 94358311  
angiekristens@kalparrin.com



**Kalparrin ECIS  
(Early Childhood Intervention  
Service)**

1 Kalparrin Avenue, PO Box 93,  
Greensborough Vic 3088  
Phone +61 3 9435 8311 Email  
info@kalparrin.com.au



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Kalparrin's Education and Training Service presents:

# **NATIONAL DISABILITY INSURANCE SCHEME (NDIS) AWARENESS WORKSHOP**

For: Parents  
Cost: FREE for Kalparrin families  
Date: Wednesday August 5 2015  
10am-12pm and 630pm-830pm  
Presenter: Mark Baigent Kalparrin CEO  
Venue: Kalparrin,  
1 Kalparrin Ave, Greensborough.  
Food: Tea and Coffee Provided.  
RSVP: Wed July 29 on 9435 8311 or  
e: [katiecromie@kalparrin.com.au](mailto:katiecromie@kalparrin.com.au)

## **BOOK EARLY! PLACES ARE LIMITED. WORKSHOP COVERS:**

- Comprehensive overview of the NDIS, how it will work
- Funding implications for parents and carers of children with disabilities
- Support changes the Scheme will bring as of July 2016

All proceeds raised will go directly back into supporting families within the community  
If you would like further information about the Education and Training service, please contact  
Katie Cromie on 9435 8311 or via email [katiecromie@kalparrin.com.au](mailto:katiecromie@kalparrin.com.au)



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Kalparrin's Education and Training Service presents:

# **WHAT ABOUT ME?**

## **Supporting Siblings of Children with Additional Needs**

For: Parents  
Cost: FREE for Kalparrin families, others \$50 pp  
Date: Wednesday August 26 2015  
10am-12pm  
Presenters: Katie Cromie and Teigan Leonard  
Venue: Kalparrin ECIS,  
1 Kalparrin Ave, Greensborough.  
Food: Tea and Coffee Provided.  
RSVP: Wed Aug 19 on 9435 8311 or

### **BOOK EARLY! PLACES ARE LIMITED. WORKSHOP COVERS:**

- Develop awareness of the impact of being a sibling of a child with additional needs
- Increase knowledge of research and support services in this area

All proceeds raised will go directly back into supporting families within the community

If you would like further information about the Education and Training service, please contact  
Katie Cromie on 9435 8311 or via email [katiecromie@kalparrin.com.au](mailto:katiecromie@kalparrin.com.au)





## **‘DADS CAN’ PIZZA NIGHTS**



**Are you a father of a child with additional needs?  
Maybe your child has a physical or learning disability.  
Does your child have a chronic medical condition?  
Perhaps your son or daughter is on the Autism Spectrum?**

If you've answered yes to these questions and live in the Northern Region of Melbourne ,  
you are welcome to come along to pizza nights where you can meet other Dads.  
They are laid back evenings where you will have the opportunity to share experiences,

**Date:** Sunday 26 July 7.30pm-9.30pm  
**Venue:** Kalparrin ECIS,  
1 Kalparrin Ave, Greensborough.  
**Cost:** No Charge  
**Facilitated by:** Annette Magro - Social Worker  
**RSVP:** Annette Magro 9435 8311 or

**Research confirms that children whose fathers are more involved with their development show better outcomes. Research also tells us that parents who have a peer support network build better skills and confidence in supporting their child to thrive.**

The Dads Can Project is made possible through the generous support of

