

INTRODUCING

Kathryn Toohey Dietitian

Kathryn graduated with a Bachelor of Nutrition and Dietetics and a Bachelor of Applied Science (Health Science/Exercise Behaviour) in 2005 from Deakin University, Melbourne.

Kathryn is an Accredited Practising Dietitian and has worked in the private practice and community health sector for nearly 10 years.

As a professional and a mother, Kathryn is passionate about ensuring children with a disability and/or long term support needs are able to access best practice evidence based care.

As a skilled dietitian in the disability sector Kathryn is also able to bring significant experience in responding to oral sensory and food sensitivity issues.



Kathryn has a particular interest in working closely within a multidisciplinary team like Kalparrin's because she feels they bring greater depth and breadth of knowledge to the supports of a child and that this results in a better outcome for the child and family.

In her role with families Kathryn works to identify areas of concern and to develop, implement and evaluate sustainable, family centered, and most importantly realistic, nutrition initiatives.

Kathryn is also involved in health promotion projects and has presented to community groups, community leaders and health professionals.

Like all Kalparrin therapists Kathryn is also a registered Medicare Provider.

KALPARRIN OFFERS AN EXCEPTIONAL RANGE OF THERAPY SERVICES INCLUDING :

- Occupational Therapy
- Speech Pathology
- Physiotherapy
- Psychology
- Dietetics
- Group Therapy Programs
- School Holiday Programs
- Social Skills Groups
- Fine Motor Skills Groups
- Autism Assessments

To book your Therapy Session with Kathryn call Kalparrin on 9435 8311